



Firs Farm Wetlands SOUNDSCAPE



Everyday our ears are bombarded with noise. The roar of traffic, the banging of building sites and DIY, the wail of sirens, the beat of music from cars, phones and houses. All day, everyday.

At Firs Farm you can take the time to listen to the sounds of nature, relax and breathe. This leaflet will tell where the best spots are to listen and

LOVE YOUR GREEN SPACE

Soundscape listening points

What can you hear?

1. Stand still and listen to the chirping of crickets and grasshoppers.
2. Listen out for the 'jack-jack' of jackdaws and the 'caw' of crows.
3. Listen to the water trickling out of the pond.
4. Among the birds twittering in the trees above your head can you hear the si si si of long tailed tits?
5. Lie down, close your eyes and listen to everything. What can you hear?
6. Take a seat on the sitting tree and listen out for the repetitive song of the song thrush.
7. As you walk through the meadow listen to the bees buzzing.
8. Can you hear the high pitched 'tsee' of goldcrests?
9. Listen out for the rattle and 'machine-gun' trill of the tiny wren.
10. Can you hear the squawk of coots and moorhens and the plop of birds diving under water?

Identifying bird and insect sounds

To help you identify bird song and crickets and grasshoppers, you can use the app and websites below.

Crickets and Grasshoppers:

iRecord Grasshoppers — use the *Species Guide*. It has a list of all the grasshoppers and crickets you are likely to hear and you can play their songs.

Birds:

To identify bird song you have to identify the bird first. You can use the RSPB's Identify a bird to help you. Try and see the bird. How big is it? What colour is it? Feed the information into the website.

<https://www.rspb.org.uk/birds-and-wildlife/wildlife-guides/identify-a-bird/>

Once you know what the bird is you can use this website to hear its song.

<https://www.british-birdsongs.uk/>

For more information visit our website:

www.firsfarmn21.org.uk

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Top listening tips

You can hear more when you stand still and close your eyes. If you are with children make sure one adult keeps their eyes open or hold the children's hands.

